# LUDLOW BENEFICE





# ST LAURENCE'S AND ST JOHN'S

# PRAYING TOGETHER ON SUNDAYS — ALONE BUT WITH OTHERS IN OUR PARISHES

Sundays 10.30am

#### **WELCOME**

For many of us coming together to pray is important – and is something we will miss now that public worship is suspended during the Coronavirus outbreak.

Although we are currently working on trying to live-stream a Eucharist each Sunday, for those of you that would find that difficult to connect with we are setting up an alternative.

To make sure both our benefice churches are still being used for prayer and worship every Sunday at 10.30am a member of our clergy will read the office of Morning Prayer at St John's Parish Church. In accordance with social distancing & isolation advice please do not, in any circumstances, join the minister.

This booklet has been produced so that you can join in with this service wherever you are, at the same time as it is being said in the church building. Knowing that whilst you worship and pray, others are doing just the same is a very powerful experience and we hope that you will take the time to join us, whilst you sit quietly and comfortably at home. In this way we can be united in prayer & worship even if we cannot be together.

In the following pages you will find the Order for Morning Prayer that will be said, the Bible readings for the day and a selection of prayers to use during the time of intercession.

Whether you are someone who prays and worships regularly or someone who particularly feels the need to pray at this present time we hope this helps you to feel connected to others in your local churches and community and – above all – to the God who knows us, loves us and cares about us so passionately.

# MORNING PRAYER ON SUNDAY

**PREPARATION** 

O Lord, open our lips and our mouth shall proclaim your praise.

#### THE BENEDICITE - A SONG OF CREATION

- I Bless the Lord all you works of the Lord: sing his praise and exalt him for ever.
- 2 Bless the Lord you heavens: sing his praise and exalt him for ever.
- 3 Bless the Lord you angels of the Lord: sing his praise and exalt him for ever.
- 4 Bless the Lord all people on earth: sing his praise and exalt him for ever.
- 5 O people of God bless the Lord: sing his praise and exalt him for ever.
- 6 Bless the Lord you priests of the Lord: sing his praise and exalt him for ever.
- 7 Bless the Lord you servants of the Lord: sing his praise and exalt him for ever.
- 8 Bless the Lord all you of upright spirit: bless the Lord you that are holy and humble in heart. Bless the Father, the Son and the Holy Spirit: sing his praise and exalt him for ever.

**OPENING PRAYER** 

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and forever. Amen.

# THE WORD OF GOD

THE PSALM (ending with)

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

OLD TESTAMENT READING

**NEW TESTAMENT READING** 

**CANTICLE** 

Splendour and majesty are yours, O God; you are exalted as head over all.

- I Blessed are you, God of Israel, for ever and ever, for yours is the greatness, the power, the glory, the splendour and the majesty.
- Everything in heaven and on earth is yours; yours is the kingdom, O Lord, and you are exalted as head over all.
- 3 Riches and honour come from you and you rule over all.
- 4 In your hand are power and might; yours it is to give power and strength to all.
- 5 And now we give you thanks, our God, and praise your glorious name.
- 6 For all things come from you, and of your own have we given you.

(1 Chronicles 29.10b-13,14b)

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen. Splendour and majesty are yours, O God; you are exalted as head over all.

**GOSPEL READING** 

#### **RESPONSORY**

Awake, O sleeper, and arise from the dead.
And Christ shall give you light.
You have died and your life is hid with Christ in God.
Set your minds on things that are above,
not on things that are on the earth.
When Christ our life appears
you will appear with him in glory.
Awake, O sleeper, and arise from the dead,
and Christ shall give you light. (from Colossians 3)

#### **GOSPEL CANTICLE**

You have raised up for us a mighty Saviour, born of the house of your servant David.

- I Blessed be the Lord the God of Israel, who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, born of the house of his servant David.
- 3 Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,
- 6 Free to worship him without fear, holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation by the forgiveness of all their sins.
- 9 In the tender compassion of our God the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

(Luke 1.68-79)

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

You have raised up for us a mighty Saviour, born of the house of your servant David.

**PRAYERS** 

Intercessions are offered; please choose from the pew sheet & the prayers at the back of this booklet:

Silence may be kept.

# THE COLLECT OF THE DAY (PEW SHEET) OR THE FOLLOWING

God of glory, by the raising of your Son you have broken the chains of death and hell: fill your Church with faith and hope; for a new day has dawned and the way to life stands open in our Saviour Jesus Christ. Amen

THE LORD'S PRAYER

THE CONCLUSION

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

Let us bless the Lord. Thanks be to God.

READINGS - PLEASE LET US KNOW IF YOU NEED A COPY OF THE BIBLE

SUNDAYS IN 2020, 10.30am	OLD TESTAMENT	PSALM	NEW TESTAMENT	GOSPEL
22 MARCH	Exodus 2. 1-10	34.11-20	2 Corinthians 1.3-7	Luke 2.33-35
29 MARCH	Ezekiel 37.1-14	130	Romans 8.6-11	John 11.1-45
5 APRIL Palm Sunday	Isaiah 50.4-9A	31.9-16	Philippians 2.5-1 I	Matthew 21.1-11
12 APRIL Easter Day	Jeremiah 31.1-6	118.1-2 & 14-24	Colossians 3.1-4	Matthew 28.1-10
19 APRIL	Exodus 14. 10- end	16	Acts 2.14a & 22-32	John 20.19-end
26 APRIL	Zephaniah 3.14- end	116.1-3 & 10-17	Acts 2. 14a & 36-41	Luke 24. 13-35
3 MAY	Genesis 7.	23	Acts 2.42-end	John 10.1-10
I0 MAY	Genesis 8.1-19	31.1-5 & 15-16	Acts 7.55-end	John 14.1-14
I7 MAY	Genesis 8.20-9.17	66.7-18	Acts 17.22-31	John 14.15-21
24 MAY	Ezekiel 36.24-28	68.1-10 & 32-35	Acts 1.6-14	John 17.1-11
31 MAY Pentecost	Numbers 11. 24-30	104.26-36 & 37b	Acts 2.1-21	John 20.19-23
7 JUNE Trinity Sunday	Isaiah 40. 12-17	8	2 Corinthians 13.	Matthew 28.16-20
14 JUNE	Exodus 19.2-8a	100	Romans 5.1-8	Matthew 9.35-10.8
21 JUNE	Jeremiah 20. 7-13	86.1-10, & 16-end	Romans 6.1b-11	Matthew 10. 24-39
28 JUNE	Jeremiah 28.5-9	13	Romans 6.12-end	Mathew 10. 40-end
5 JULY	Zechariah 9. 9-12	145.8-15	Romans 7.15-25a	Matthew 11.16-19 & 25- end
12 JULY	Isaiah 55.10-13	65	Romans 8.1-11	Matthew 13.1-9 & 18-23
19 JULY	Isaiah 44.6-8	139.1-11	Romans 8.12-25	Matthew 13.24-30 & 36-43
26 JULY	1 Kings 3.5-12	119.129-136	Romans 8.26-end	Matthew 13.31-33 & 44-52

#### **Further Resources**

If you have internet access you may find the following links helpful:

DAILY PRAYER – complete versions of the services of Morning Prayer, Evening Prayer and others, with appropriate readings and psalms for the day, in modern or traditional language can be found at: <a href="https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer">www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer</a>

NB We say Daily Prayer every weekday morning at St Marys Tenbury at 8.30am, you could join us from home with this too.

MORNING PRAYER (MATINS) – from the Book of Common Prayer: www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/book-common-prayer/order-morning-prayer

**EVENING PRAYER (EVENSONG)** – from the Book of Common Prayer: www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/book-common-prayer/order-evening-prayer

**PRAY AS YOU GO** – gentle reflection with music on one of the day's readings: <a href="https://pray-as-you-go.org">https://pray-as-you-go.org</a>

#### **HYMNS**

Versions of many hymns, traditional and modern, can be found on YouTube: www.youtube.com

#### **PRAYERS**

You can, of course, pray however and whenever you like. We offer here some well-known prayers and some which are more specific to the current situation.

# Coming before God

Take some time to consider what or who is on your mind at the moment, then offer it all to God:

All that we are Lord we place into your hands.

Everything we work for we place into your hands.

Everything we hope for we place into your hands.

The troubles that weary us we place into your hands.

The thoughts that disturb us we place into your hands.

Each that we pray for we place into your hands.

The choices that we make we place into your hands.

# Prayer I about the Coronavirus outbreak

God of all Wisdom, we pray for our leaders:

the World Health Organisation, national governments, and local leaders too - heads of schools, hospitals and other institutions.

Since you have positioned these people in public service for this hour, we ask you to grant them wisdom beyond their own wisdom to contain this virus.

Faith beyond their own faith to fight this fear, and strength beyond their own strength to sustain vital institutions through this time of turmoil. God of all Comfort and Counsel, we pray for those who are grieving, reeling from the sudden loss of loved ones.

May they find your fellowship in their suffering, your comfort in their loss, and your hope in their despair.

We name before you those known to us who are vulnerable and scared - the frail, the sick and the elderly.

Father we also pray for our local community that we may all care for one another. We offer this prayer in the name of Jesus Christ our Lord. Amen.

#### Prayer 2 about the Coronavirus outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress.

Sustain and support the anxious and fearful,

and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

#### For those in isolation

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, lesus Christ our Lord. Amen.

#### For those who are worried

Loving Jesus, you are compassionate to those in need and heal the sick in body and mind.

Look kindly on those who are fearful at this time.

Help us all to put away all thoughts and actions that separate us from you and from one another.

Give us grace to live our lives confident in your promise that you are with us always. Amen.

#### For social cohesion

Lord Jesus Christ, you taught us to love our neighbor and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to care for the sick and to assure the isolated of our love, and your love, for your name's sake. Amen.

#### For those who are ill

Merciful God, we entrust to your unfailing and tender care, those who are ill or in pain, knowing that whenever danger threatens your everlasting arms are there to hold us safe.

Comfort and heal them and restore them to health and strength; through Jesus Christ our Lord. Amen.

### For hospital staff and medical researchers

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord. Amen.

#### From one who is ill or isolated

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

# Prayers for when you can't get to church

Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself and keep me in your care. Amen.

# A prayer at bedtime

Before the ending of the day, Creator of the World, we pray That you, with steadfast love, would keep Your watch around us while we sleep.

Tonight we pray especially for (names family or friends who are affected by Coronavirus) and the people of (country or place which is affected by Coronavirus). Give skill and wisdom to all who are caring for them. Amen.

# A prayer remembering God is with us

Lord God, you are always with me.
You are with me in the day and in the night.
You are with me when I'm happy and when I'm sad.
You are with me when I'm healthy and when I am ill.

You are with me when I am peaceful and when I am anxious.

Today I am feeling (name how you are feeling) because (reasons you are feeling this way). Help me to remember that you love me and are with me in everything today. Amen.

#### **PRAYERS FOR USE WITH CHILDREN**

### A prayer for when a friend is ill

Dear God, (name of friend) is ill.

They are not allowed to go to school or come over to play.

I'm sad because I miss them.

They must be feeling miserable and lonely as well.

Please be close to them.

Please be with the people who are looking after them.

Please help them to get better and to know that you love them. Amen.

# A prayer for the world

God of love and hope,

You made the world and care for all creation.

But the world feels strange right now.

The news is full of stories about Coronavirus.

Many people are anxious because of it.

Many people are anxious that they might get ill.

Many people are anxious about their family and friends.

Be with them in their worries and help them to find some peace.

We pray for the doctors and nurses and scientists who are working to discover the right medicines to give hope to those who are ill.

Thank you that even in these strange and worrying times, you are with us. Help us to look for the signs of your goodness and love towards us. Amen.

# Some well-known prayers

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger.

From St Patrick's Breastplate

I am giving you worship with all my life,
I am giving you obedience with all my power,
I am giving you praise with all my strength,
I am giving you honour with all my speech.
I am giving you love with all my heart,
I am giving you affection with all my sense,
I am giving you my being with all my mind,
I am giving you my soul, O most high and holy God.
Praise to the Father, Praise to the Son, Praise to the Spirit,
the Three in One.

adapted from Alexander Carmichael, Carmina Gadelica (1900)

St Benedict

Lord Jesus Christ, son of the living God, have mercy on me, a sinner. The 'Jesus Prayer'

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the spirit of Jesus Christ our Lord.

Soul of Christ, sanctify me, body of Christ, save me, blood of Christ, inebriate me, water from the side of Christ, wash me.

Passion of Christ, strengthen me. O good Jesus, hear me: hide me within your wounds and never let me be separated from you. From the wicked enemy defend me, in the hour of my death, call me and bid me come to you, so that with your saints I may praise you for ever and ever.

Anima Christi

# The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

#### The Grace

The grace of Our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all, evermore. Amen.